Mexico COLIMA OCCIDENTE

CONACULTA



ENGLISH VERSION

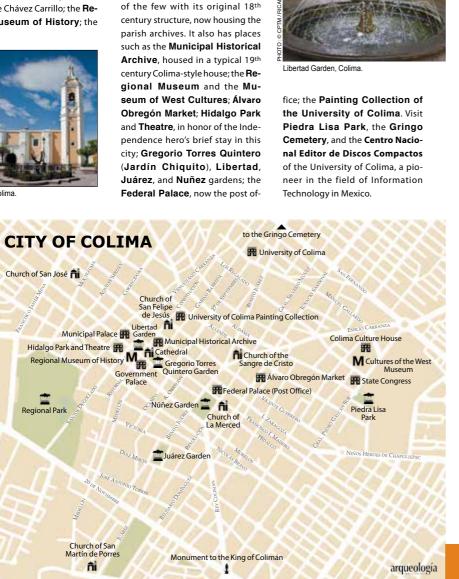
atropologí

Colima

It was founded in 1527 as the Villa (Town) of San Sebastián de Colima. Its long history is reflected in a large number of diverse monuments, such as the Cathedral and its famed halfdomecupola; the Government Palace, with murals by Colima artist Jorge Chávez Carrillo; the Regional Museum of History; the



Cathedral Colima



Church of La Merced, among

the few in the city built of stone; the

Church of the Sangre de Cristo,

with vestiges of a 16th-century her-

mitage; the Church of San José,

often regarded as the most beauti-

ful in Colima; and the Church of

San Felipe de Jesús (the Beate-

rio or Parish of the Sagrario), one



Manantlán Sierra **Biosphere Reserve** ¥

It is the most important protected natural area in West Mexico as a result of its natural wealth and its size: more than 139,500 ha (344,712 acres) housing some 2,900 plant and 560 animal species. It's ideal for outdoor activities like camping, animal-, and plantwatching.

Coquimatlán ≫ ni

This town, which still preserves its colonial feel, has a number of natural attractions, such as Los Amiales resort, with a small spring of cold, crystal-clear water. Visit the Church of San Pedro Apóstol in the center of town.

Comala & ※ 開 fi 囲 M

Named a "magical town" by the Mexican Tourism Ministry for its traditional charm, its highlights include the Parish of San Miguel Arcángel: the former Hacienda of Nogueras, a 17th century con-struction: the Cultural Center, and the Eco-Park. Nearby is Lake La María, in an ancient crater, and La Yerbabuena, a rustic town on the road



La Campana



to the Nevado de Colima National Villa de Álvarez Park. The state's first hydroelectric plant was built in 1906 at Visit the Church of San Francisco El Remate, which now houses a de Asís, Independence Garden, and museum. La Petatera, a moveable bullring

Zacualpan ₩**M**₩

A traditional, indigenous town housing the Community Museum and a nearby spring, El Cóbano, a natural water source that supplies water to the state, and the rock formation, the Piedra de Juluapan.

La Campana Æ

This Classic (AD 200-900) period archaeological site has streets and a drainage system. The ceremonial center displays monumental constructions, including an architectural complex with high walls.



made of wood and mats, for fiestas

featuring horsemanship and bull-

fighting in honor of St. Philip of Jesus,

the city's patron saint.

Church of San Francisco de Asís. Villa de Álvarez.



Nevado de Colima National Park *

It covers 22,200 ha (54,850 acres) and includes the Volcano of Fire and the snow-capped peak, the Nevado de Colima. In this enormous park, see pines, diverse oak species, as well as gorges, canyons, and lakes. It's a great spot for camping, mountain climbing, and bird- and plant-watching.

El Chanal Ā

It flourished from AD 1100 to 1400 and is the largest pre-Hispanic settlement in Colima. It was a city with streets and squares, as well as altars, ballcourts, and public and residential structures.



El Chanal

Cuauhtémoc Λî

The Camino Real, royal road in the colonial period linking Mexico City to the port of Manzanillo, passed through this town. Among the sites of interest is the Church of San Rafael Arcángel. Small settlements sprang up along the Camino Real and later became towns. One of them is Quesería, which was later the hacienda La Albarrada, where milk and cheese was produced; visit the Church of Nuestra Señora de la Merced.



Suchitlán 🚿 fi 🕭

Filled with lush vegetation, it is also known for the Church of the Señor de la Expiración and the Magical Zone or "the ascent that descends," where by optical illusion the road seems to climb when it is actually going down.

Tecomán ≫_____**n**M []

"The lime capital of the world," it produces 30% of all of Mexico's production. Stop by the Church of Santiago Apóstol, the Culture House, the Pre-Columbian Ceramic Museum, and El Limonero Monument by sculptor Sebastián. Other attractions are El Real and Boca de Pascuales beaches and the Tecuanillo estuary combining fresh water and saltwater.



Cuauhtémoc

Minatitlán ≫ fil 🕹

This small town produces a distinctive painted red pottery. Its attractions include the Church of the Inmaculada Concepción; El Salto, a 20-m (65-ft.) waterfall; Ojo de Mar, a round lake; and Cerro La Astilla, a hill with an iron mine.



Manzanillo Ideal for high seas sport fishing, re-

garded as "sailfish capital of the world." Its attractions include the AIvaro Obregón Garden, Church of Salagua, the boardwalk, Church of Guadalupe, Municipal President's Office, 5 de Mayo Market, and Manzanillo Plaza. San Pedrito Beach is great for swimming: other beaches are Miramar, La Audiencia, La Boquita, Ventanas, and Laguna Las Garzas.

Ixtlahuacán ₩ fi M 🕭

A unique spot with raised houses based on traditional materials and techniques. It also has attractions such as the Community Museum and the Church of La Santísima Virgen. Visit the nearby San Gabriel Grottoes, entered by a shaft 7 m (23 ft.) in diameter and 15 m (49 ft.) deep.



San Gabriel Grottoes, Ixtlahuacán



Sailfish sculpture, Manzanillo

Cuyutlán ₩ **M**

The beach destination with the most tradition in West Mexico, renowned for its huge, seasonal "green wave." It is also an important salt-mining center, home to the Salt Museum. Other spots of interest are the Miguel Álvarez del Toro Turtle Sanctuary and Cuyutlán Lagoon.



Alcuzahue Lagoon

freshwater fish.

The 2 km (1¼ mi.) of its length shel-

ters Isla del Diablo (Devil's Island).

Also nearby are Colorada Lagoon;

Amela and Alcuzahue lagoons,

where you can fish for chococo, small

*

FOLK ART 🛃

Colima's folk art is made from a variety of materials from the local natural environment. Comala specializes in mahogany and *guanacaste* wood furniture and other wood pieces; Ixtlahuacán and Paticajo in high and low fire pottery; Suchitlán in wood masks. "little horses" and embroidered and drawnwork attire: Agua Dulce in palm hats and brooms; Cuauhtémoc in fine **pita** or **ixtle** (plant) fiber embroidered leather **belts**: Colima in repoussé metal; Coquilmatlán in coconut fiber figures; and Ixtlahuacán in *acapán* (soft plant fiber) hammocks. Other handicrafts include woven cane and reeds from Platanarillo, and pieces made of a wide array of seashells in Manzanillo.



Craftsman from Suchitlán.



Typical sweets.

CUISINE **T**

Colima's best flavors come from tropical fruit: mango, guanábana (soursop), bonete (mountain papaya), guavas, and guayabilla (goosefoot fruit), dragon fruit, huamúchil (blackbead), tamarind, coconut, and plum. Other delicacies are chacales (river prawns), tripe-mint soup, sopitos (fried corn dough topped with meat intomatosauce), tatemado (stewed pork), tostadas with ceviche, pork loin with cucumber. Typical sweets are honeyed fruit, coconut and pineapple alfajores (cookies), tamarind pulp, borrachitos de leche (sweets in brandy syrup), pellizcos (tamarind), and tacuachines (wild yams). Drinks include the tuba, made from coconut palm, mescal punch, and tuxca (mescal from the volcano region), bate, cornmeal drink with chan seeds sweetened with piloncillo (solid molasses), and fruit liqueurs.

And don't miss ...

- Relaxing on its beaches
- Getting to know the city of Colima
- Hiking in Nevado de Colima National Park
- Exploring Chanal and La Campana
- Enjoying Manzanillo and its beaches

- Sampling the region's bounty of fruit
- Strolling in Comala, "magical town"
- Visiting the state's museums
- Taking in the region's natural beauty
- Going to Tecomán and nearby

Tourist Information

www.sectur.col.gob.mx

- Colima Information Booth: Av. Juárez, no #, Plaza Libertad, Col.Centro, C.P. 28200, Colima, 312-316-2025
- Comala Information Booth: Leona Vicario, no. 1, Col. Centro, C.P. 28450, Comala, 312-315-5020 and 315-5022
- Manzanillo Information Booth: Blvd. Miguel de la Madrid, no. 875-A, Fracc. Playa Azul, C.P. 28869, Manzanillo, 314-333-2264, granadosrangel@hotmail.com
- Manzanillo Conventions and Visitors Office: Blvd. Miguel de la Madrid, no. 14540, locales 12 and 13, Col. Colinas de Santiago, C.P. 28860, Manzanillo, 314-333-1380, dirección@vivemanzanillo.com.mx
- National Chamber of the Restaurant and Prepared Food Industry (CANIRAC): Calle León Felipe, no. 50, Fracc. Lomas Verdes, C.P. 28017, Colima, 312-314-5026, canirac_colima@hotmail.com

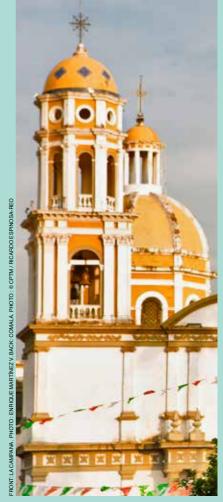
EMERGENCY PHONE NUMBERS Colima Fire Station: 312-312-5858, 312-5859, 312-5860 Red Cross: 312-313-9912 Police: 312-312-0301, 316-0906 and 316-0926

Comala Civil Protection: 312-307-2312 Police: 312-315-5050

Manzanillo Fire Station: 314-336-7300 Red Cross: 314-336-5770 and 334-4545 Police: 314-334- 8326



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EDITORIAL RAÍCES