

MEXICO

DISTRITO FEDERAL

CENTRO DE MÉXICO



ENGLISH VERSION

 **CONACULTA**



Instituto Nacional
de Antropología
e Historia

Coyoacán



Here we recommend visiting the **Centenario Garden** and the **Hidalgo Plaza**, the **San Juan Bautista Convent and Temple**, the **Santa Catarina** neighborhood, the **Jesus Reyes Heróles Culture House**, the **La Conchita Plaza**, the **Casa Azul Frida Kahlo Museum**, the **Popular Cultures National Museum**, the **Las Intervenciones National Museum**, the **León Trotsky's House Museum**, the **National Sound Library**, the **Geles Cabrera Sculpture Museum**, the **Water-painting National Museum**, the **National center of Arts**, the **Graphic Arts Museum**, the **Viveros de Coyoacán National Park** and the **San Antonio Panzacola Chapel**. Other interesting spots, outside the center of Coyoacán, are the **Diego Rivera Anahuacalli Museum**, the **Automotive Museum**, the **Naval Historic Museum**, the **National Cinematheque** and the **Azteca Stadium**, as well as the natural zones like **Los Coyotes Ecological Park**, **Huayamilpas Ecological and Sports Park** and the **Predregal de San Ángel Ecological Reserve**. An especially relevant attraction in this delegation is **Ciudad Universitaria**, considered a cultural UNESCO world heritage site.



Ciudad Universitaria, Coyoacán.

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Xochimilco



Traditional and ancient chinampa and waterways zone which has been considered a world heritage site. It also has attractions like **San Bernardino de Siena Temple and Convent**, the **Xochimilco Archaeological Museum**, the **Dolores Olmedo Patiño Museum**, the **Xochimilco Ecological Park**, the forests of **San Luis Tlaxialtemalco**, the **Santa María Nativitas**, and the **Cuauhilama** archaeological site, (**Santa Cruz Acalpixca**).

Tlalpan



In the center you can find the **San Agustín de las Cuevas Church**, the **Convent of Capuchinas**, the **Chata House**, the **Frissac House**, the **History Museum**, the **Santa Anna's House** and the **Prison de Morelos House**. Nearby are the **Tlalpan Forest**, the **Cuicuilco** archaeological site, the **Loreto y Peña Pobre Ecological Park**, **Ollin Yoliztli Culture Center**, **Fuentes Brotantes Park**, and **Cumbres del Ajusco National Park**.

Magdalena Contreras



Located on the slopes of the Ajusco, this delegation is known for its forest areas such as the **Los Dinamos National Park**. In the delegational center the **Santa María Magdalena Parish**, the **Tourist Market** and the **Old Cuernavaca Railway Station** are located. Other interesting spots are the **Camino Real de Contreras and Cultural Forum**, in the former El Águila factory, the **Concepcion Church**, the **Bellas Artes House**, the **San Jerónimo Temple** and the **San Nicolás Totolapan Temple**.



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Milpa Alta



It is the most rural zone of the city, which houses the **San Pedro Atocpan** village, famous for its mole and with attractions like the **San Pedro Atocpan Convent and Temple**, the **San Martín Temple**, the **Señor de las Misericordias Temple**, the **Zapatista Quarters Museum** and the **Alte-pialcalli Regional Museum**. Other interesting places are the **Santa Ana Tlacotenco Temple** and the **San Salvador Cuauh-tenco** village.

Tláhuac



This delegation is known for the traditional All Souls celebrations carried out in the **San Andrés Mixquic** village, where you can also visit the **San Andrés Mixquic Convent and Temple**, the **Pantheon** and the **Former Hacienda of Santa Fe**. Other interesting places are the **San Pedro Tláhuac Convent and Temple**, the **Regional Museum**, **San Juan Ixtayopan Archaeologic Museum**, **Los Reyes Lake**, the **Cerro de Ayacuémetl** hill, **Los Humedales**, the **Tláhuac Forest** and **Los Olivos Park**.

Centro Histórico



Considered cultural heritage of mankind, it houses one of the sets of monuments more beautiful and meaningful of the country. Among them are the **Plaza de la Constitución** or **Zócalo**, the **Palacio Nacional**, with murals by Diego Rivera, and the **Metropolitan Cathedral**. Other interesting points nearby the Zocalo are the **Templo Mayor** archaeological site, the **Antiguo Palacio del Ayuntamiento** – now building of the Government of Mexico City –, the **Suprema Corte de Justicia**, the **Nacional Monte de Piedad**, the **Gran Hotel de la Ciudad de México** and the **Portal de Mercaderes**. Out of this square there are other beautiful buildings such as the **Bellas Artes Palace**, the **Iturbide Palace**, the **Bank of México**, the **Casino Español**, the **Distrito Federal House of Repre-**



PHOTO: DOLORES DALHAUS RAICES

sentatives and the **José Vasconcelos Library**. Among the main squares are the **Santo Domingo Plaza**, where the former **Inquisition Palace**, now **Medicine Museum**, the **Santo Domingo Convent** and the **Old Customs House** are located; the **Tolsá Plaza**, where the **National Art Museum**, the **Minería Palace** and the majestic **Postal Palace** are located; in the **Plaza Garibaldi** you can visit the **Tequila and Mezcal Museum**, the **Luminarias de la Música Mexicana Promenade**, the **Tenampa Saloon** and the **San Camilito Market**. Other squares are the **Fundación Pla-**

za, Juan José Baz "La Aguilita" Plaza (Tlaxcoaque). We should also mention the **Torre Latinoamericana** – Mexico's first skyscraper, built in 1948 –, the **Central Alameda**, **Chinatown**, as well as **Madero** and **Regina** corridors, the latter with strong cultural activity because the **Claustro de Sor Juana University** is located there.

The religious sites are numerous, standing out: **Nuestra Señora de Loreto Church**, **Nuestra Señora de la Merced former convent**, **Regina Coeli Temple and Convent**, **San Juan de Dios Church**, **Corpus Chris-**



ti Church, San Hipólito Church and Hospital (San Judas Tadeo Church), La Profesa Church (San Felipe Neri Church), Las Vizcaínas, Santo Domingo Temple, San José de Gracia Temple, San Francisco de Asís Convent Church and La Santa Veracruz Church.

The area has several cultural sites, such as the **Templo Mayor Museum**, the **Postal Museum**, the **Jose Luis Cuevas Museum**, the **San Carlos National Museum**, the **España Cultural Center**, the **San Ildefonso Museum**, the **Estanquillo Museum**, the **Former Archbishopship Palace - SHCP Museum**, the **Mexico City Museum**, the **Cartoon Museum**, the **Museum of Light**, the **Stamp National Museum**, the **Photo Archive Museum (Ajaracas House)**, **Ex Teresa Actual Art**, the **National Museum of the Cultures**, the **Popular Art Museum**, the **Constitutions Museum**, the **Interactive Economy Museum**, the **Franz Mayer Museum**, the **Diego Rivera Mural Museum**, the **National Numismatic Museum**, the **Casa Talavera Museum**, the **Tolerance and Memory Museum**, the **Women Museum**, the **Charrería Museum**, the **San Diego Convent- Alameda Art Lab**, the **Mexico City Preventive Policy Museum**, the **El Borcegui Shoe Museum** and the **Mexican Air Force and Army Museum**.

But not all of them are monuments and museums, there are also traditional sites for entertainment such as the theaters **Bianquita**, the **Esperanza Iris - De la Ciudad**, the **Del Pueblo** and **Metropolitan**, as well as restaurants like the **Café Tacuba**, the **Casa de los Azulejos**, the cantina **Corona Saloon** and the **Ópera Bar**, not forgetting the **San Juan Market**.

Cuauhtémoc

Besides the Centro Histórico, this delegation has other attractions like the **Tlatelolco** archaeological site, the **Tres Culturas Plaza**, the **Old Santiago Tlatelolco Convent** and the **Tlatelolco Culture Center**. Other spots are the **Ciudadela Plaza** (Parque Morelos), the **Image Center**, the **Mexico Library** and the **Ciudadela Crafts Market**. In colonia Roma, with architecture from the first decades of the 20th century, are the **Sagrada Familia Temple**, **Casa Lamm**, the **Poet Ramón Lopez Velarde's House**, the **Rio de Janeiro Plaza** and the **Luis Cabrera Plaza**. The colonia **Condesa**, with examples of *art deco* architecture, and interesting places like the **España Park**, the **Alfonsina Chapel**, the **Mexico Park** and the **Bella Época Cultural Center**. In the colonia **Santa María la Ribera** are the **Alameda** and the **Kiosco Morisco**, the **Geology Museum**, the **Sagrada Familia Temple** or **Los Josefinos**, the **Chopo Museum**, the **Mascarones House** and the **Chopo Flea Market**. Finally, in the **Zona Rosa** we suggest to tour around the pedestrian streets of **Hamburgo** and **Génova** and visit the **Santo Niño de la Paz Parish** and the **Nuestra Señora del Sagrado Corazón de Jesus Temple**. Nearby are the **Wax Museum**, the **Ripley's Museum** and the **Revolución National Museum**, as well as the colonia **San Rafael**, where the **Art Garden** and the **Monumento a la Madre** are located. Other attractions are the **San Carlos Museum**, the **Carranza's House Museum**, the **Ramon Lopez Velarde Museum**, the **Coliseo Arena**, the **Lagunilla Quarter** and the **Siglo XXI Medical Center**.

Reforma - Centro Touristic and Cultural Corridor



A good option to visit downtown and the main zones around it is going through this circuit which starts in the Centro Histórico and goes through attractive places such as the **Torre del Caballito**, the **National Lottery building**, the **Cristobal Colón** and **Cuauhtémoc Monuments**, the **Diana Cazadora**, the **Ángel de la Independencia**, the **Revolución Monument** and **Plaza**, the **Mexican Stock Exchange**, the **Torre Mayor**, **Chapultepec**, including the **Castillo**, the **Zoo**, the museums of **Natural History**, **Technology** and **Papalote Children Museum**, the **Cárcamo de Dolores**, the **Nezahualcóyotl Fountain**, the **Juan Jose Arreola House**, **La Feria** and the **Lake**, as well as the **Dolores Pantheon** and the **Personas Ilustres Rotonda**, arriving to the **National Auditorium**, passing by the **Contemporary Art Museum**, **Rufino Tamayo Museum**, the **Anthropology National Museum**, the **Petróleos Fountain** and **Los Pinos Presidential Residence**.



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Miguel Hidalgo



Here are interesting places like **Chapultepec, Polanco, Tacuba and Tacubaya**. The most notable attraction of this delegation is the **Bosque de Chapultepec Park** with its many museums and venues, among them the **National Anthropology Museum**, the **National History Museum**, the **Modern Art Museum**, the **Tamayo Museum** and the **National Auditory**. In Polanco are the **National Music Conservatory** and the **David Alfaro Siqueiros Popular Art Room**. In Tacuba you can visit the **Meritorious National teacher's School** – with murals by Jose Clemente Orozco –, the **Merced de las Huertas Church**, the **San Gabriel Arcangel Church and Convent**, the **Noche Triste Plaza** and the **Cavalry Museum**. In Tacubaya are the **Alameda**, the **Santo Domingo Temple and Convent** (Candelaria Parish), the **Casa de la Bola Museum**, the **Lira Park**, the **National Cartography Museum** (San José Convent and San Diego Temple) and the **Luis Barragán House Museum**, considered cultural World heritage site.



Chapultepec, Miguel Hidalgo.

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Benito Juárez



It has interesting places such as the **World Trade Center**, the **Siqueiros Cultural Polyforum**, the **Mexicana Tower**, the **Insurgentes Theater** with a façade decorated by Diego Rivera, the **Juan de la Barrera Olympic Pool and Gym**, the **Mexico Bullfighting Arena** and the **Azul Stadium**, as well as the parks **Luis G. Urbina (Hundido Park)** and **Francisco Villa (Los Venados Park)**. One of its traditional neighborhoods is **Mixcoac** which houses the **Juan Ruflo Cultural Center**, the **Mora Institute**, the **Santo Domingo de Guzmán Convent**, and the archaeological site of **Mixcoac**.

Álvaro Obregón



It has attractions such as the **San Ángel** village, which houses the **San Jacinto Church**, the **Del Risco Church**, the **San Ángel Cultural Center**, the **Melchor Músquiz Market**, the **Arcángel Plaza**, the **Goycochea Hacienda**, the **Jaime Sabines Culture House**, the **Diego Rivera and Frida Kahlo House Studio Museum**, the **El Carmen Temple and Convent**, the **El Carmen Museum**, the **Helénico Cultural Center** and the **Carrillo Gil Art Museum**. Other interesting places are the **Del Río Promenade**, with three old bridges from the 17th century, the **San Sebastián Mártir Chimalistac Temple** and **La Bombilla Park**. Since the 1980's **Santa Fe** zone has become the financial and architectural edge of the city, with buildings like the **Calakmul**, (La Lavadora), the **Arcos Bosques I Towers** (El Pantalón) and the **Iberoamericana University**, among others.

Azcapotzalco



In the old town of Azcapotzalco are attractions such as the **Fray Bartolomé de las Casas Library**, the **Nuestra Señora del Rosario Chapel**, the **Los Apóstoles Felipe y Santiago Convent and Parish**, the **Señor de Nextengo Temple**, and the **3D and Regional Art Museum**. Other interesting places are the **Ciudad de México Arena**, the **Soumaya Museum at Carso Plaza**, the **Azcapotzalco Historic Archive**, the **La Raza Monument** and the **La Raza Medical center Murals**. It has natural areas like the **Tezozómoc Park**, the **Bicentenario Park** and the **North Alameda**.

Cuajimalpa



Its main attraction is the **Desierto de los Leones National Park**, which houses the **Santo Desierto de Nuestra Señora del Carmen Former Convent and Cultural Center** and the **Zapata Museum**. In the center are the **Hidalgo Garden**, the **Pedro Infante Forum** and the **San Pedro Apóstol Parish**.



PHOTO: © OPTIM / RICARDO ESPINOSA-REO

San Jacinto Church, San Ángel, Álvaro Obregón.

Gustavo A. Madero



It houses one of the most important religious centers in Latin America, the **Nuestra Señora de Guadalupe Sanctuary (La Villa)**. In the same zone are the **Guadalupe Basilica Museum**, the **Wax Museum**, the **Mariana Plaza** and the **Guadalupe Aqueduct**. Other interesting places are the **Luis Enrique Erro Planetarium** at the **Politécnico Nacional Institute**, the **La Pluma Museum** and the **Railwaymen Museum**. It has natural attractions such as the **San Juan de Aragón Forest** and **El Tepeyac National Park**.

Iztacalco



This delegation houses the **Magdalena Mixihuca Sports City** and the **Palacio de los Deportes (Sports Arena)**. Other attractions are the **San Matías Apóstol Convent and Temple**, the **Santa Cruz neighborhood** which houses the **Santa Cruz Chapel** and **La Cruz Hermitage**, the **Aztlán Walkway**, the **Santiago Apóstol Church** located in the Santiago neighborhood and the **Drenaje Profundo System Museum**.

Iztapalapa



Famous delegation for its celebration of Easter in the Cerro de la Estrella. Among its main attractions are the **Cerro de la Estrella National Park** which houses the **Fuego Nuevo Pyramid and Archaeological Site**; the **Las Culturas Pasión for Iztapalapa Museum**; the **San Juan Bautista Parish**, the **Santiago Acahualtepec Parish**, the **Señor del Santo Sepulcro de Jerusalén Sanctuary** (Señor del Pocito or de la Cuevita), the **Culhuacán Historical Park and Community Center** (in the Former Culhuacán Convent). Other interesting places are the **Central de Abastos**, the **Cuitláhuac Ecological Park**, and the protected natural area of **Sierra de Santa Catarina**.



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La Villa, Gustavo A. Madero.

Other interesting places are the **Luis Enrique Erro Planetarium** at the **Politécnico Nacional Institute**, the **La Pluma Museum** and the **Railwaymen Museum**. It has natural attractions such as the **San Juan de Aragón Forest** and **El Tepeyac National Park**.

Venustiano Carranza



It has three of the most traditional markets in the city: the **Sonora Market**, the **Jamaica Market** and **La Merced**. Other interesting places are the **Medio Ambiente Interactive Museum**, the **Honorable Congress of the Union** which houses the **Chamber of Deputies** and the **Sentimientos de la Nación Legislative Museum**, and the

GASTRONOMY



The traditional cuisine of the Distrito Federal has a strong indigenous heritage in which corn has an outstanding place, nevertheless the constant migration of people from other states makes it the only place where you can enjoy authentic local flavor from a great variety of Mexican regional cuisines. If we must point out characteristic dishes of the city which you cannot fail to try when visiting it we must mention the **tamales**, the **quesadillas**, the **guajolotas** (tamal tortas), the **chilaquiles**, the **moles**, **pastor tacos**, the **tacos de canasta**, the **tortas** and **barbacoa**, among many others.

Nation's General Archive (in the former Lecumberri Palace). Besides, it has religious monuments like **La Soledad** and **la Santa Cruz Temples**.

Archaeological sites



Mexico City has a broad archaeological heritage that goes from the first inhabitants of Mexico, (with places like **Metro Talismán**), to the great city of Mexico Tenochtitlan. In spite of the fact that most of them have been covered by the urban area there are still sites that can be visited like the **Templo Mayor de Tenochtitlan**, considered a world heritage site, **Cuicuilco**, an important Preclassic site, **Tlatelolco**, **Mixcoac**, **Pino Suárez** and **Cerro de la Estrella**.



PHOTO: BORIS DE SWAN/RAICES

Templo Mayor.

CRAFTS



In Mexico City you can easily buy crafts from practically any place of country, although the ones typical from the zone have almost disappeared, it is still possible to find some characteristic objects such as the **mulitas de palma** (small palm mule's in the celebration of Corpus Thursday), the **calaveritas de azúcar** (sugar skulls) for All Souls celebrations, and decorations for the national celebrations. While in downtown you can buy, with some luck, several objects product of the **chilangos'** genius, normally handmade **toys** made with wires, cans or wood.

And don't miss ...

- Visit the Templo Mayor
- Tour around the Centro Histórico
- Visit Cuicuilco and Tlatelolco
- Spend a day in the museums of the city
- Enjoying Bosque de Chapultepec Park
- Tour the Condesa and Roma neighborhoods
- Going to Ciudad Universitaria
- Visit Tlalpan, San Ángel and Mixcoac
- Ride in a trajinera at Xochimilco
- Touring through Coyoacán

Touristic Information

www.mexicocity.gob.mx

Ministry of Tourism Information Module: Presidente Masarik no. 172 P.B., Col. Bosques de Chapultepec, C.P. 11570, México, D.F. 3002 6300 and 3002 6900 ext. 8900 / 8929 / 8902 / 8905 / 8911 / 8915

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Cathedral Information Module: Monte de Piedad no. # Centro Histórico, C.P. 06010, México, D.F. (55) 5518 1003

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Oficina de Congresos y Convenciones de la Ciudad de México: Paseo de la Reforma no. 42, 4º Piso, Col. Centro, C.P. 06048, México, D.F. (55) 3685 2269 ext. 1435 and 1436, ccollado@occmexico.mx

National Chamber of the Restaurant and Prepared Food Industry (CANIRAC): Aniceto Ortega no. 1009, Col. Del Valle, C.P. 03100, México, D.F. (55) 56-04-04-78 contacto@canirac.org.mx
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Red Cross: (55) 55 57 57 57

Police: 60



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FRONT COVER: BELLAS ARTES PALACE. BACK COVER: XOCHIMILCO. PHOTOS: © CPTM / RICARDO ESPINOSA-REO



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